

I. What to live for, what to die to.

II. The do's and don'ts of a new life

III. The main ingredient = LOVE

Questions for personal reflection or group discussion:

How have you set your focus upon Christ?

What does it mean that Christ is Lord and has raised you to new life?

How much hold does Christ's rule have on your heart and actions?

What do you need to put on in your life? What do you need to put off?